Name:  
NHI:  
Address & ph:  
DOB:  
M  
F  
Copy to:  
Dr Stamp/Address  
Signature & Date

Is the patient on any antihistamine or tricyclic antidepressant?  
Yes  
No

Indications for Testing:

- Acute food reaction (anaphylaxis, urticaria, and/or angioedema within 30-60 minutes of exposure)
- Allergic rhinitis/conjunctivitis (hay fever)
- Asthma
- Atopic dermatitis (eczema)

Aero allergens

- Grass Pollen Mix
- Weed Pollen Mix
- Silver Birch Pollen
- Wattle Pollen
- Olive Pollen
- Hazel Pollen
- Latex

- House Dust Mite Mix
- Mould Mix
- Aspergillus fumigatus
- Cat Hair
- Dog Epithelia
- Horse Epithelia

Food allergens

- Peanut
- Cashew
- Hazelnut
- Egg White
- Egg Yolk
- Cow’s milk
- Soybean

- Wheat
- Sesame seed
- Fish Mix
- Shellfish Mix

- * Fish Mix (Cod, Flounder, Halibut, Mackerel, Tuna)
- † Shellfish Mix (Clam, Crab, Oyster, Scallop, Shrimp)

Fruit/vegetable testing is available if FRESH items are supplied by the patient at the time of testing. (a maximum of 6 items can be tested.)

Please tick ✓ box and provide details:  

General information:

1. Skin prick testing is a sensitive and specific method for detecting IgE antibodies to particular antigens. Patients with a history of IgE-mediated symptoms on exposure to a specific allergen who have a positive test for that substance are considered allergic.

2. Skin prick testing is not useful in diagnosing the causes of reactions that are not likely to be IgE-mediated. These include: nonspecific rashes, chronic urticaria, food intolerances (e.g. bloating, diarrhoea, fatigue), headaches and behavioural disorders.

3. Testing is not available for food additives, most drugs and respiratory irritants.

4. Wheals ≥ 3mm in mean diameter are considered positive. This cut-off is selected on the basis of technical rather than clinical sensitivity.

5. All positive results should be considered in the clinical context. Patients with positive results to particular allergens but no symptoms on exposure should be considered sensitised rather than allergic.

6. The larger the wheal, the greater the likelihood that a particular allergen will cause symptoms. There is no correlation with symptom severity.

7. A negative skin test virtually excludes that allergen as a causative factor.

www.chl.co.nz or 0800 THE LAB (843 522)